



Surf Life Saving Sydney Inc.

Established October 1907
Telephone: (02) 9019 0722
PO Box 6006, Malabar NSW 2036

ABN 74 781 063 539
Facsimile: (02) 9019 0720

Email: admin@surflifesavingsydney.com.au
www.surflifesavingsydney.com.au

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TO: Clubs, Secretaries, Captains
Chief Training Officers

FROM: Michael Hodsdon
Director of Lifesaving

CC: SLSS & BOL Management

SUBJECT: Gold Medallion (Advanced Lifesaving) Award Assessment February 2010

As scheduled in the SLSS Lifesaving & Education Calendar season 2009/2010, registrations are invited for the Gold Medallion assessment to be conducted on Sunday 7th February 2010. Details are as follows for the information and interest of eligible members.

GOLD MEDALLION (Advanced Lifesaving) ASSESSMENT

When : Sunday 7th February 2010
Time : 9.00 am
Where : South Maroubra SLSC
Duration : Approx 4 hours
Assessor : Phil Kemp, Marissa Jank
Rego Closing Date : COB Branch Office 21st January 2010

Course Purpose

The aim of this course is to provide participants with advanced skills and knowledge to manage emergency situations in autonomous situations.

Prerequisites

Be a minimum of 17 years of age on the date of final assessment
Hold a current Bronze Medallion/Cert II
Hold a current Advanced Resuscitation Certificate
Hold a current Senior First Aid Certificate
Hold a current Patrol Captain/Beach Management
Hold a current Silver Medallion Advanced Emergency Care
Complete an 800 metre swim in 14 minutes or less in a swimming pool of not less than 25 metres

Candidates are not to register for assessment if they do not hold all of the above prerequisites and these are recorded in Surfguard on their member award record.

A Surfguard generated Form 14 must be produced and bought to the assessment for each Club and their eligible candidates.

Elements

Perform complex patient rescue and support aided and unaided by equipment

- Select appropriate rescue equipment

- Assess and manage the patient's levels of distress
- Support and return patients to shore
- Perform a one-person drag technique and patient lay

Perform Surf Skill and fitness test

- Complete a 400 metre swim, 800 metre run, 400 metre board paddle and 800 metre run in 25 minutes.
- Complete tube rescue of patient 100 metres out at sea and return (flippers optional)
- Complete board rescue of patient 200 metres out at sea and return

Work Autonomously

- Plan and undertake work activities
- Accept responsibilities
- Set performance requirements
- Maintain team performance

Assessment

The Candidate must satisfy the majority of the Assessors that they are competent in all learning outcomes by :

- Written or oral examination
- Performance of basic skills
- Simulation of rescue scenarios

Validity of Award

This award is valid for 12 months from the date of the assessment and is to be updated annually. All award pre requisites must be updated and current.

CANDIDATES MUST BRING A RESCUE BOARD AND RESCUE TUBE TO THE ASSESSMENT AND PROOF OF THEIR TIMED POOL SWIM. Candidates will not be able to participate at the examination without proof of the timed pool swim.

Registration Process (refer to SLSS SOPS 2-2-1a)

- Those surf lifesavers who are eligible to attend are asked to advise their Club Chief Training Officer/Club Captain or Club Administration of their interest. Clubs are to create the assessment request as a new award in Surfguard and advise the Branch office by email of the members to be registered before closing date of COB 21st January 2010. One copy of Form 14 to be taken to assessment by candidates. The Branch office will approve the assessment request in Surfguard when the member is registered.
- Following the course, Clubs will be advised by the Branch Office of their successful candidates and the Branch will process the new award in Surfguard on behalf of the Clubs and their members.
- Clubs are asked to forward proof of the candidates timed pool swim to the Branch office prior to the assessment date **OR** the candidate must take this proof to the assessment.
- **Candidates for the assessment are to meet the Assessors on the beach side of the South Maroubra Surf Club at 9.00 am sharp on the day of assessment.**

Any enquiries, please contact the Branch Office.

Michael Hodsdon
HON DIRECTOR OF LIFESAVING