



# Surf Life Saving Sydney Inc.

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**ISSUE DATE:** 26th February 2010 **CIRCULAR NO:** 47/09-10

<b>TO:</b> Clubs, Secretaries, Captains, Chief Training Officers	<b>FROM:</b> Marissa Jank Education Manager
<b>CC:</b> SLSS & BOL Management	

**SUBJECT:** DEFIBRILLATOR COURSE MARCH 2010

The following SLSS Defibrillator Course is scheduled in the SLSS Lifesaving & Education Calendar 2009/2010 for the month of March 2010. Courses run by SLS Sydney will be either Nationally Recognised Qualification or a SLSA Award. This Defibrillator course is a Nationally Recognised Qualification. Registrations are now called from Clubs for their members to attend this course.

<b>When :</b>	<b>Thursday 25<sup>th</sup> March 2010</b>
<b>Time :</b>	<b>6:30pm to 9.30 pm</b>
<b>Where:</b>	<b>South Maroubra SLSC</b>
<b>Registrations Close :</b>	<b>At Branch Office COB Thursday 11<sup>th</sup> March 2010</b>
<b>Facilitators :</b>	<b>John Campanaro &amp; Mark Doepel</b>

*Casual comfortable dress for classroom activities is recommended. Dinner is not provided at the course, therefore we would recommend candidates bring a snack along. Tea/Coffee will be provided.*

### Course Purpose

The aim of this course is to provide participants with the skills, knowledge and application using advanced life support techniques with a semi-automatic external defibrillator.

### Prerequisites

- Minimum of 15 years of age on the date of assessment
- PUAEM001A Provide Emergency Care (this is a unit of competency of the BM/Cert II and/or Senior First Aid Award)

### Course Content

- Explain anatomy and physiology of the heart
- Explain the links of the chain of survival
- Explain where automatic external defibrillators fit into the pre-hospital Emergency care system
- Demonstrate CPR
- Demonstrate infection control procedures
- Describe the electrical activity of the heart
- Demonstrate the process of defibrillation

### Competency Standards

- PUAOPED010A – Operate a semi automatic defibrillator in an emergency

### Course Duration

This course is to be conducted over approximately 3 hours (this is a guide only due to candidates already being trained in CPR. Time to develop competencies depends on factors such as the prior knowledge and experience of candidates and demonstration of a high standard of CPR).

### Learning Outcome

At the completion of this course, the surf lifesaver will be competent in the care of persons suffering cardiac arrest through the initiation of effective resuscitation and early defibrillation.

### **Validity of Award**

Once the candidate has completed the course the qualification lasts 1 year and then candidate has to complete a proficiency in the Award.

### **Practical and Theoretical Assessment**

Participants will be assessed in theoretical and practical aspects of resuscitation and semi-automatic external defibrillation.

### **PROCESS TO REGISTER FOR THE COURSE**

Those members who are interested in attending a course should advise their club Chief Training Officer or Club Administrator. (Members should not register direct with the Branch Office. The club Chief Training Officer should also be proactive in selecting candidates to attend upcoming courses.

- **Step 1**  
Clubs are to enter interested members into Surfguard by creating an Assessment Request for the course / date – this will ensure that eligible members with the appropriate pre-requisites are selected for the course. Do not submit the request at this stage.
- **Step 2**  
Once you have created an Assessment Request in Surfguard with eligible members you should email the names and total number to the Branch Office ([awards@surflifesavingsydney.com.au](mailto:awards@surflifesavingsydney.com.au))  
If the registration is after the close date or if the course is full the Branch Office will advise the club of the situation.
- **Step 3**  
Once the Branch Office confirms that your names/numbers have been accepted press the submit button in Surfguard.

### **CANDIDATE PREPARATION FOR COURSE**

Candidates will be given copies of all course resources at the course. Candidates will only need to bring pen and paper with them to the course.

As this is a Nationally Recognised Qualification award course, Candidates are required prior to attending the course to have familiarised yourself with the following documents available from the Surf Life Saving NSW website at [www.surflifesaving.com.au](http://www.surflifesaving.com.au)

- SLS NSW Academy Handbook
- SLS NSW RPL Guide for applicants
- Participant Code of Conduct Policy (TA 3.2)

To access these documents, select *Training & Education*, then *Member Training*, then *Participant Resources*.

Any assistance with RPL (Recognition of Prior Learning) queries, can be discussed with the course Facilitator.

Should you have any enquiries regarding the course, or have difficulty accessing the documents from the interest, please contact the Branch Office.

**Marissa Jank**  
**EDUCATION MANAGER**