



# Surf Life Saving Sydney Inc.

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**TO: Clubs, Secretaries, Captains  
Chief Training Officers**

**FROM: Michael Hodsdon  
Director of Lifesaving**

**CC: SLSS & BOL Management**

**SUBJECT: Gold Medallion (Advanced Lifesaving) Award Assessment & Proficiency July 2009**

As scheduled in the SLSS Branch Winter 2009 Education Calendar, registrations are invited for the Gold Medallion assessment to be conducted on Saturday 25<sup>th</sup> July 2009. Details are as follows for the information and interest of eligible members.

## **GOLD MEDALLION (Advanced Lifesaving) ASSESSMENT**

**When :** Saturday 25<sup>th</sup> July 2009  
**Time :** 9.00 am  
**Where :** Bondi SBLSC  
**Duration :** Approx 4 hours  
**Assessor :** Michael Hodsdon (AIC), Phil Kemp, Marissa Jank  
**Rego Closing Date :** COB Branch Office 10<sup>th</sup> July 2009

### **Course Purpose**

The aim of this course is to provide participants with advanced skills and knowledge to manage emergency situations in autonomous situations.

### **Prerequisites**

Be a minimum of 17 years of age on the date of final assessment  
Hold a current Bronze Medallion/Cert II  
Hold a current Advanced Resuscitation Certificate  
Hold a current Senior First Aid Certificate  
Hold a current Patrol Captain/Beach Management  
Hold a current Silver Medallion Advanced Emergency Care  
Complete an 800 metre swim in 14 minutes or less in a swimming pool of not less than 25 metres

### **Elements**

Perform complex patient rescue and support aided and unaided by equipment

- Select appropriate rescue equipment
- Assess and manage the patient's levels of distress
- Support and return patients to shore
- Perform a one-person drag technique and patient lay

#### Perform Surf Skill and fitness test

- Complete a 400 metre swim, 800 metre run, 400 metre board paddle and 800 metre run in 25 minutes.
- Complete tube rescue of patient 100 metres out at sea and return (flippers optional)
- Complete board rescue of patient 200 metres out at sea and return

#### Work Autonomously

- Plan and undertake work activities
- Accept responsibilities
- Set performance requirements
- Maintain team performance

#### **Assessment**

The Candidate must satisfy the majority of the Assessors that they are competent in all learning outcomes by :

- Written or oral examination
- Performance of basic skills
- Simulation of rescue scenarios

#### **Validity of Award**

This award is valid for 12 months from the date of the assessment and is to be updated annually. All award pre requisites must be updated and current.

**CANDIDATES MUST BRING A RESCUE BOARD AND RESCUE TUBE TO THE ASSESSMENT AND PROOF OF THEIR TIMED POOL SWIM. Candidates will not be able to participate at the examination without proof of the timed pool swim.**

#### **Registration Process** (refer to SLSS SOPS 2-2-1a)

- Those surf lifesavers who are eligible to attend are asked to advise their Club Chief Training Officer/Club Captain or Club Administration of their interest. Clubs are to create the assessment request (as new award or proficiency – whichever is applicable for the candidates from their club) in Surfguard and advise the Branch office by email of the members to be registered before closing date of COB 10<sup>th</sup> July 2009. One copy of Form 14 to be taken to assessment by candidates.
- Following the course, Clubs will be advised by the Branch Office of their successful candidates and the Branch will process the new award in Surfguard on behalf of the Clubs and their members.
- Clubs are asked to forward proof of the candidates timed pool swim to the Branch office prior to the assessment date **OR** the candidate must take this proof to the assessment.
- **Candidates for the assessment are to meet the Facilitator/Assessors at the front (beach side) of Bondi SBLSC at 9.00 am sharp on the day of assessment.**

Any enquiries, please contact the Branch Office.

**Michael Hodsdon  
HON DIRECTOR OF LIFESAVING**