



# Surf Life Saving Sydney Inc.

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<b>ISSUE DATE:</b> 29 <sup>th</sup> October 2009		<b>CIRCULAR NO:</b> 32/09-10	
<b>TO:</b> Clubs, Club Secretaries, Presidents, Chief Training Officers, Club Captains		<b>FROM:</b> Education Manager Marissa Jank	
<b>CC :</b> SLSS & BOL Management			

**SUBJECT: SPINAL MANAGEMENT AWARD COURSE – DECEMBER 2009**

An additional Spinal Management Course is open to all members and will be added to the SLSS Lifesaving & Education Calendar 09/10 for December 2009. Clubs are invited to register eligible and interested members from their Clubs for this award.

Courses run by SLS Sydney will be either Nationally Recognised Qualification or a SLSA Award. This Spinal course is a SLSA Award.

## **DECEMBER 2009**

<b>Course :</b>	<b>Spinal Management Course &amp; Proficiency</b>
<b>Course Date :</b>	<b>Saturday 12<sup>th</sup> December 2009</b>
<b>Venue :</b>	<b>North Bondi SLSC</b>
<b>Time :</b>	<b>10.00 am – 2.00 pm (approx)</b>
<b>Registrations Close :</b>	<b>by COB Thursday 19<sup>th</sup> November 2009</b> Minimum 6 candidates ,Maximum 25 candidates Course will close when maximum numbers are registered if prior to closing date.
<b>Facilitators :</b>	<b>Mark Doepel &amp; Gary Daly</b>

## **NEW AWARD COURSE CANDIDATE INFORMATION**

### **Course Purpose**

The aim of the course is to provide participants with the skills and knowledge to manage injured casualties with suspected spinal injuries in an aquatic environment and in emergency situations.

### **Pre-requisite**

Candidates must be minimum of :

- 16 years of age on date of assessment  
and hold one of the following awards which must be current :
- BM/Cert II
- Senior First Aid

### **Course Outcomes**

- Describe a basic understanding of spinal cord anatomy and injuries
- Describe the possible causes of spinal injuries

- Detail the signs and symptoms of a patient with suspected spinal injuries
- Demonstrate how to move a casualty with suspected spinal injuries
- Details the principles of immobilisation for spinal injuries
- Details and demonstrate the management of head and spinal injuries
- Detail the precautions necessary for the transportation of casualties with suspected spinal injuries

### **Learning Activity:**

Students will be required to complete the questions contained within the learners guide as part of the underpinning knowledge as well as well as participate in a combination of demonstration and simulation activities.

The simulation and demonstration activities will relate directly to the following key aspects of this unit

- Cervical Collars
- Preparing and responding to a suspected spinal injury/rescue
- Participating in assessing the rescue scene
- Suspected Spinal injury management techniques
- Spinal Boards, Head Blocks and Support equipment

**Please note that this course does require lifting and water participation so please bring your swimming costume, a towel, sun screen, hat etc**

### **Course Duration**

Course duration will be approximately 4 hours and consist of a theory, practical and scenario exercises. The practical exercises will be in the water. Most courses will be conducted on Saturdays or Sundays. Candidates **must** be prepared to attend both the theory and skills area of the course.

### **Registration Process : (as per SLSS SOP 2-2-1 SLSA Advanced Awards Procedures)**

1. Those members who are interested in attending the course should advise their Club Chief Training Officer or Club Administrator. (Members should not register direct with the Branch Office). The Club Chief Training Officer/Club Captain should also be proactive in selecting candidates to attend this course.
2. Clubs are to enter interested members into Surfguard (before the closing date) by creating an Assessment Request for the course/date – this will ensure that eligible members with the appropriate pre-requisites are selected for the course. Do not submit the request at this stage.
3. Once the club has created an Assessment Request in Surfguard with eligible members, the Club is required to email the names and total number of candidates from their Club to the Branch Office [awards@surflifesavingsydney.com.au](mailto:awards@surflifesavingsydney.com.au)  
If the registration is after the close date or if the course is full the Branch Office will advise the club of the situation.
4. Once the Branch Office confirms that your members names/numbers have been accepted, the Club then clicks **submit** in Surfguard for the assessment request.
5. The Club should send the course circular to registered candidates so that they have details of the course and its requirements.

**Please specify which course date the member is being registered for and if new award candidate or proficiency.**

### **Candidate Course Preparation :**

- All learning materials will be provided by the facilitator at the course.
- All candidates will require a pen and paper and suitable clothing for water component of course.
- Dinner is not provided at the course, therefore we would recommend candidates bring a snack along. Tea/Coffee will be provided.

Candidates are required prior to the commencement of the course to make yourself familiar with the following documents as they contain reference to policies that relate to you as a course participant. These documents are available from the Surf Life Saving NSW website [www.surflifesaving.com.au](http://www.surflifesaving.com.au)

- SLS NSW Academy Handbook
- SLS NSW RPL Guide for applicants
- Participant Code of Conduct policy (TA#3.2)

To access these documents, select *Academy*, then *Resources*, then *Participant Resources*.

Any assistance with RPL (Recognition of Prior Learning) queries, can be discussed with the course Facilitator. You should also print a copy of the Training Enrolment Form, and bring this completed and signed with you to the course. To access this form select *Academy; Resources; Training Forms; then SLSNSW Member Training Forms* on the SLSNSW website.

Should you have any enquiries regarding the course, or have difficulty accessing the documents from the interest, please contact the Branch Office.

**Marissa Jank**  
**EDUCATION MANAGER**