



Surf Life Saving Sydney Inc.

Established October 1907

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TO: Clubs, Presidents, Secretaries, Captains,
Chief Training Officers

FROM: Director of Lifesaving, Glen Clarke

Cc: SLSS Management, BoL Management

SUBJECT: SPINAL MANAGEMENT AWARD COURSES JANUARY & MARCH 2012

Clubs are invited to register any of its interested and eligible members for the Spinal Management Award Courses as scheduled in the SLSS Branch Lifesaving & Education Calendar 2011/2012 for the months of January & March. Courses run by SLS Sydney will be either Nationally Recognised Qualification or a SLSA Award. **Note: this is the last scheduled Spinal Courses in the Branch season calendar. Spinal Courses after these will be in the Branch Winter 2012 Education Calendar once published.**

January 2012 Course

Course : Spinal Management Course

Course Date : Saturday 21st January 2012

Venue : Clovelly SLSC (upstairs)

Time : 9.00 am to 12.00 noon (approx)

Registrations Close : COB Branch Office 18th January 2012

Minimum 6 candidates , Maximum 15 candidates

Course will close when maximum numbers are registered if prior to closing date

Facilitators : Peter Carney

Casual comfortable dress for theory component of course is recommended. The required dress for the water component of course is also required. Lunch is not provided at the course, therefore we would recommend candidates bring a snack along. Tea/Coffee will be provided.

March 2012 Course

Course : Spinal Management Course

Course Date : Saturday 24th March 2012

Venue : North Cronulla SLSC (Training Room)

Time : 9.00 am to 12 noon (approx)

Registrations Close : COB Branch Office 29th February 2012

Minimum 6 candidates , Maximum 15 candidates

Course will close when maximum numbers are registered if prior to closing date

Facilitators : Peter Carney

Casual comfortable dress for theory component of course is recommended. The required dress for the water component of course is also required. Lunch is not provided at the course, therefore we would recommend candidates bring a snack along. Tea/Coffee will be provided.

Course Description

The aim of the course is to provide participants with the skills and knowledge to manage injured casualties with suspected spinal injuries in an aquatic environment and in emergency situations.

Course Entry requirements - Pre-requisites

Candidates must be minimum of :

- Participants must be 16 years of age on date of assessment
- Participants must hold one of the following units of competency :
PUAEME001B – Provide Emergency Care
- Participants must meet one of the following SLSA requirements :
Hold a current SLSA Bronze Medallion/Certificate II in Public Safety (Aquatic Rescue)
Hold a current Senior First Aid Certificate (CPR component must have been updated in the last 12 months)

Course Content

- Factors and methods of moving a casualty
- The possible causes of spinal injuries
- Signs and symptoms of a patient with suspected spinal injuries
- The principles of immobilisation for spinal injuries
- Management of head and spinal injuries
- Demonstrate the management of head and spinal injuries
- Detail the precautions necessary for the transportation of casualties with suspected spinal injuries

Learning Activity:

Students will be required to complete the questions contained within the learners guide as part of the underpinning knowledge as well as well as participate in a combination of demonstration and simulation activities.

The simulation and demonstration activities will relate directly to the following key aspects of this unit

- Cervical Collars
- Preparing and responding to a suspected spinal injury/rescue
- Participating in assessing the rescue scene
- Suspected Spinal injury management techniques
- Spinal Boards and Support equipment

Course Duration

Course duration will be approximately 3 - 4 hours and consists of a theory, practical and scenario exercises. The practical exercises will be in the water.

Registration Process : (as per SLSS SOP 2-2-1 SLSA Advanced Awards Procedures)

1. Those members who are interested in attending the course should advise their Club Chief Training Officer or Club Administrator. (Members should not register direct with the Branch Office). The Club Chief Training Officer/Club Captain should also be proactive in selecting candidates to attend this course.
2. Clubs are to enter interested members into Surfguard (before the closing date) by creating an Assessment Request for the course/date – this will ensure that eligible members with the appropriate pre-requisites are selected for the course. Do not submit the request at this stage.
3. Once the club has created an Assessment Request in Surfguard with eligible members, the Club is required to email the names and total number of candidates from their Club to the Branch Office awards@surflifesavingsydney.com.au
If the registration is after the close date or if the course is full the Branch Office will advise the club of the situation.
4. Once the Branch Office confirms that your members names/numbers have been accepted, the Club then clicks **submit** in Surfguard for the assessment request.
5. The Club should send the course circular to registered candidates so that they have details of the course and its requirements.

Candidate Course Preparation :

- All learning materials will be provided by the facilitator at the course.
- Dinner or lunch is not provided at the course, therefore we would recommend candidates bring a snack along.
- Please note that this course does require lifting and water participation so please bring your swimming costume, a towel etc

Prior to the commencement of the course, please ensure that you make yourself familiar with the following documents as they contain reference to policies that relate to you as a course participant. These documents are available from the Surf Life Saving NSW website www.surflifesaving.com.au

- SLSNSW Academy Handbook
- SLSNSW RPL Guide for Applicants
- Participant Code of Conduct policy (TA3.2)

To access these documents, select *Training & Education*, then *Member Training*, then *Participant Resources*.

You should also print a copy of the Training Enrolment Form, and bring this completed and signed form with you to the course. To access this form select *Training & Education; Member Training; Participant Resources*, then *SLSNSW Training Enrolment Form*.

Should you have any enquiries regarding the course, or have difficulty accessing the documents from the interest, please contact the Branch Office.